

Aubergine parmigiana

Preparation time: 45 min

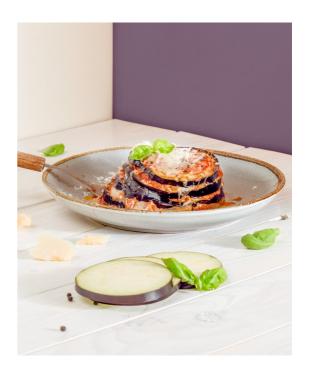
Difficulty: Medium

Ingredients

Aubergines: 300 gBasil: to tasteFrying oil: to tasteGarlic: 1 clove

• Grated Parmigiano Reggiano: 60 g

Mozzarella: 100 gPepper: to tasteSalt: to taste



Preparation

- 1. Cut the aubergines into slices and fry in oil until golden.
- 2. In the meantime cook the *tomato* for 15 minutes on a high flame with the extra virgin olive oil, garlic, basil, salt and pepper.
- 3. Cut the mozzarella into slices and grate the Parmigiano.
- 4. Assemble the parmigiana in a tray by alternating layers of tomato, aubergine, mozzarella and Parmigiano.
- 5. Bake in the oven for 15 minutes at 180 degrees.

For this recipe we used:

Strained Tomatoes 180 g

